sandrina sinnvoll rempfler erfolgreich yu sein

BUILDING BRIDGES

The Art of Creating Solutions

17.10.2017

For everyone challenged by conflicts – and wanting to reduce stress and disputes. For everyone challenged by difficult relationships – from personal to business ones. For everyone who wants to find good solutions in a successful and meaningful way.

First interactive Workshop in Yangon: BUILDING BRIDGES

We use elements of the Non-Violent Communication NVC from Marshall B. Rosenberg combined with the solution focussed approach. You will experience some important laws of communication and get deeper knowledge about it. We work with practical situations of your daily life - we have fun! - and you can use these skills and ideas from the next day on!

- When Friday + Saturday, 17th and 18th of November 2017 | From 10am to 6pm
- Where Yangon / will be announced
- By Whom Sandrina Rempfler Yu & Rainer Leitz / from Switzerland and Germany
- **Costs** \$200 per person / for needed reduction please feel free to contact us.

Sandrina lived in Yangon from 1997 - 2008 (AFXB / innerspace) and has kept her love and interest for Burma ever since. Now back in Switzerland, she works internationally as a systemic consultant in companies for Leadership and Cooperation. It's time to start in Burma too! BUILDING BRIDGES ... creating more choices - creating more freedom. www.sandrina-rempfler.com | www.iak.at | www.burma-reisen.ch

Rainer lives in Germany. As Art-Director of his theater for young people he worked for over 25 years in the fields of: prevention of drug-addiction and violence, own identity, self-responsibility, creativity and joy of life. Now as a systemic consultant for Change and Art. Setting free the power of creativity! <u>www.rainerleitz.de</u>

With this private initiative "BUILDING BRIDGES - The Art of Creating Solutions" we like to open doors. In the bigger picture we can imagine a longterm cooperation with Institutions and Social Foundations for Education. We like to support any effort in peacemaking processes – step by step – first within ourselves, then with others. Please contact us.



Rainer & Sandrina at the historic bridge of Verona ©

Let's build good strong bridges in business and private! Now.

Sandrina Rempfler GmbH

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View out:

In this 2 days workshop you experience some of the practical tools of NVC and solution focused approach. You might be surprised to use them. Sure it takes time to change habits and to realize the own responsibility of creating helpful solutions. Yet we begin now and deepen our natural understanding of good communication. We feel and see the small and big differences and also fun by doing so. Maybe it is the beginning of a new road in communication or saying this in a more business way:

NVC in business, employee communication and organisational development:

- Bring out the best in your staff, colleagues or workplace team
- Boost productivity in work meetings
- Boost efficiency by solving conflicts, before they are undermining and explosive
- How to face criticism? From your boss, clients, co-workers, government staff ...
- · How to deal with people, we find highly irritating?
- Transforming Enemy-Images at work
- Practical ideas to keep relationships and teamwork satisfying?
- How to increase cooperation and trust?

What can you expect from the 2 days workshop?

We transfer knowledge in a practical way. Through experiments you will get important insights and realize, what is needed. We find resources and have plenty of chances to laugh, also about ourselves. We learn by doing. Workshop language is English.

How can you participate?

Administrative organization:Executive Search Myanmar www.esearchmyanmar.comEmail:esearch.myanmar@gmail.comTelefon esearch Yangon:01-538534

If you like to clarify more, about us or the workshop or about the financial side, feel free to write me directly: <u>sandrina@burma-reisen.ch</u> or by WhatsAPP/Viber: +43 699 181 750 36

We are excited and are looking forward to experiment with you guys! Best regards,

Rainer & Sandrina

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